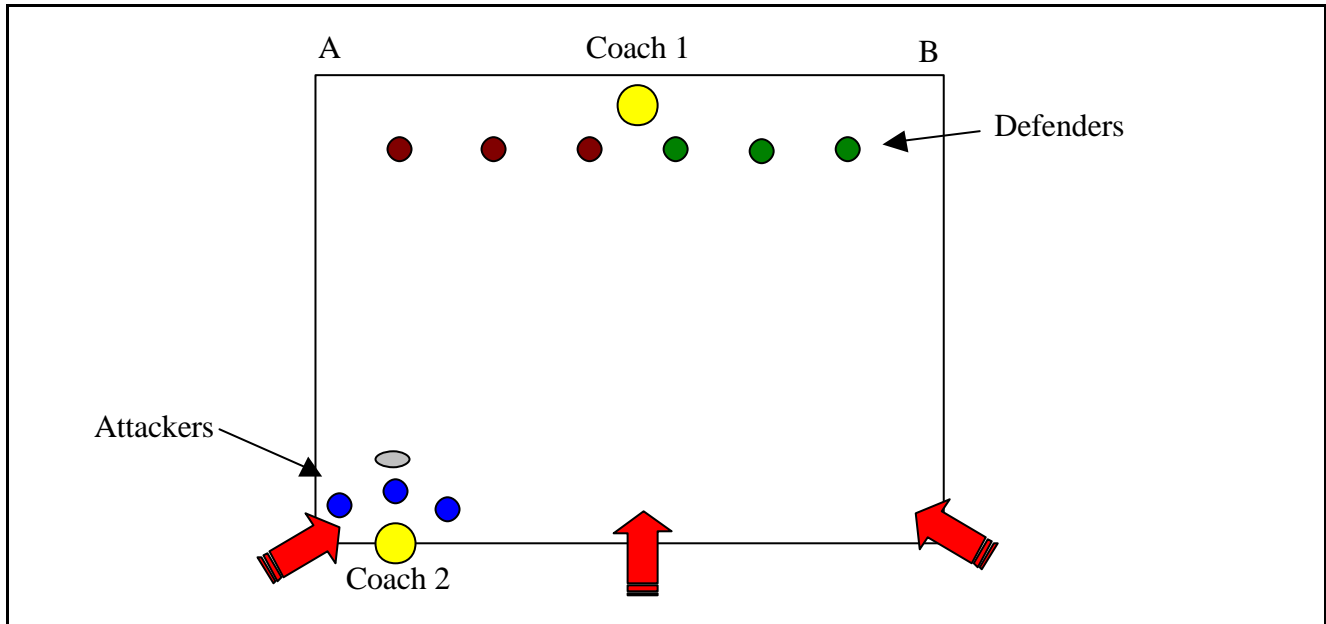


<b>Drill Name</b>		<b>Tag Alignment - Round Robin</b>						
<b>Objectives</b>		This drill is to encourage the players to think their own strategies for attacking a defensive line. At the same time, the defending players are encouraged to work as a team to defend their line.						
<b>Cones</b>	<b>Layout</b>	<b>Dimension (metres)</b>	<b>Balls</b>	<b>Players</b>	<b>Duration (minutes)</b>	<b>Contact Shield</b>	<b>Tackle Bags</b>	<b>Body Suits</b>
20	Large Grid	25 x 20	1	9	15			



#### Description

1. Group A are the first team in attack. Group B and C are the defence.
2. On the signal, Group A attack from the left wing. If the defence tags a player, they pass in the normal way, but are out of the game.
3. If all the players get tagged, the attack loses. If a try is scored, a point is awarded to the attacking side.
4. The attacking group then gets a chance to attack from the centre and a further attempt from the right wing.
5. Once the attacking team have had their 3 attempts, rotate the teams, so that Group B is now the attack, and group B and A are now the defence.

#### Progression

1. Allow normal rules to apply so that tagged player can rejoin play.
2. Disorganise defence so that they need to regroup as attack commences.
3. Attackers lose if any player is tagged with the ball – they have to pass before being tackled,

#### Set-Up

1. Set up grid or use half of a normal pitch.
2. Divide players into three groups of 3. Group A, B, C.

#### Key Factors

1. Stay in line, together.
2. Keep facing forward.
3. Offside line – the ball.
4. Move back after tackle- Correct tag tackle – call “Tag”.
5. Support play - behind ball carrier.
6. Quick, clean passes.